



3RD DAY KARATE



Memory Verse List

3rdDayKarate.com

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For each verse, the student will be expected to explain the verse. The extent of the explanation will depend of the age/maturity of the student.

- Ages 7 to 10: explain what the verse means to them
 - Ages 11 to 13: explain what the verse means and the general context of the verse
 - Age 14+: explain the context of the verse, the meaning of the verse in that context, and give an example of how it applies to life
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Theme – Seek Perfection of Character

White:

1 Timothy 4:8 - For physical training is of some value, but godliness has value for all things

High White:

1 Corinthians 15:33 – Do not be misled: “Bad company corrupts good character.”

Theme – Defend the Path of Truth

Yellow:

John 14:6 – Jesus said to him, “I am the way, the truth, and the life. No one comes to the Father except through me.”

High Yellow:

Ephesians 6:14 – Stand firm then, with the belt of truth buckled around your waist.

Theme – Endeavor to Excel

Orange:

2 Timothy 2:15 – Do your best to present yourself to God as one approved, a workman who does not need to be ashamed and who correctly handles the word of truth.

High Orange:

Colossians 3:23 – And whatever you do, do it heartily, as to the Lord and not to men.

Theme – Display Courtesy

Green:

Romans 12:10 – Love one another with brotherly affection. Out-do one another in showing honor.

High Green:

Romans 13:7 – Give everyone what you owe him: if you owe taxes, pay taxes; if revenue, then revenue; if respect, then respect; if honor, then honor.



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Theme – Refrain from Violent Behavior

Blue:

Romans 12:18 – If possible, so far as it depends on you, be at peace with all men.

High Blue:

Psalm 17:4 – As for the deeds of men – by the word of your lips I have kept myself from the ways of the violent.

Purple Belt

Purple:

1 Peter 3:15 – But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect.

Brown Belt

Brown 1:

Psalms 106:3 – Blessed are they who maintain justice, who constantly do what is right.

Brown 2:

Matthew 7:2-3 – For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you. Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye?

Brown 3:

1 Peter 5:8 - Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour.

Brown 4:

Hebrews 4:12 – For the word of god is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.

Brown 5:

Philippians 4:13 – I can do all things through Him who strengthens me.

Brown 6:

1 Corinthians 15:57 – But thanks be to God! He gives us the victory through our Lord Jesus Christ.